



CATHOLIC BISHOPS' CONFERENCE OF THE PHILIPPINES – EPISCOPAL COMMISSION ON HEALTH CARE

DIRECTORY FOR COVID-19



DIRECTORY OF NATIONAL GOVERNMENT AGENCIES

ORGANIZATIONS	CONTACT DETAILS
Department of Health	02 894-COVID
	02 894-26843
For PLDT, SMART, SUN, and TnT Subscriber	1555
Telimed Management Inc., and Medgate Hotline	02 8 424-1724
Global TeleHealth, Inc. (KonsultaMD)	02 7 798 8000
National Center for Mental Health	02 8531 9001
	02 899-USAP (8727)
	0917-899USAP (8727)
Research Institute for Tropical Medicine	02 8807 2631
Philippine Red Cross	1158 / 143
For COVID-19 concerns, psychosocial support and restoring family links	1158
Emergency Hotline	911
Philippine National Police	117
Presidential Complaint Center	8888
Presidential Anti-Corruption Commission	0906-692-7324
Metropolitan Manila Development Authority	136
Land Transportation Office	02 8922 9061
Department of Education	0928-871-8053 (Smart)

470 General Luna Street, Catholic Bishops' Conference of the Philippines (CBCP) Compound, Intramuros, Manila
(+632) 8 926-31-47
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CATHOLIC BISHOPS' CONFERENCE OF THE PHILIPPINES – EPISCOPAL COMMISSION ON HEALTH CARE

DIRECTORY FOR COVID-19

	0915-205-3244 (Globe)
Region 1	0998-583-5732
	(072) 682-2324 loc. 119
Region 2	0917-504-7971
	0906-682-8208
	0917-166-8600
	078) 304-3855
Region 3	(045) 598-8580
CALABARZON	0977-827-6112
	(02) 8682-5773
	(02) 8631-4070
	0917-840-8381
Region 5	0999-682-4775
	0920-925-5833
Region 6	(033) 336-2816
Region 7	(032) 414-7399
Region 8	(053) 323-3156
Region 9	0998-280-8852
	0919-353-9158
Region 10	0917-713-0173
	0917-145-7957
Region 11	0917-720-1674
	0929-497-5400

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	0917-985-8589
Region 12	(083) 228-1893
BARMM	(064) 421-4272
CAR	0917-514-9700
	(074) 422 1218
CARAGA	0945-237-8066
Department of the Interior and Local Government	
Emergency Operations Center	02 8876 3454 loc. 8806/8810
	0927-4226300 / 0915-0054535
	0961-7721668 / 0961-3849272
Public Assistance and Complaint Center	02 8925 0343
Peace and Order Concerns (Joint Task Force CV Shield)	0917-3125626
	0998-8940013
	8 725-3176
Department of Social Welfare and Development	
Social Amelioration Program Concerns	16545
	0916-2471194
	0947-4822864
	0932-9333251
Department of Labor and Employment	
NCR Concerns	0961 680 4664
	0961 680 4674
	0961 680 4684

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CAMP Concerns	0961 680 4644
General DOLE Concerns	0961 680 4654
Department of Transportation	
Road	02 7980-2387 / 02 7980-2390
	0917 876 8535 / 0917 876 8523
Aviation	02 7980-2391 / 02 7980-2392
	0917 876 8573 / 0917 802 2224
Maritime	02 7980-2394 / 0917 876 8594
Department of Trade Industry	1-384
Basic Commodities Concerns:	
DTI Officer of the Day (COVID response team deployed in NDRRMC)	0926 612 6728
DTI Command Center	0956 091 6570
Department of Agriculture	
Official Hotline	1342
Region 1	(072) 888 4356
Region 2	(078) 373 0620
	0947 988 3024
Region 3	(045) 455 0550
	0915 371 9143
Region 4	(043) 741 0211
	0917 839 6150
Region 5	(052) 742 6800
Region 6	(033) 503 2323

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Region 7	0917 704 6862
Region 8	(053) 832 4416
Region 9	(062) 955 4009
Region 10	(088) 857 5637
Region 11	(082) 297 2417
	(082) 297 2525
Region 12	(083) 887 6418
NCR	(02) 8925 7366
CAR	(074) 423 1667
CARAGA	(085) 817 3860
	0943 133 2966
PhilHealth	02 8441 7442

DIRECTORY FOR COVID-19

DIRECTORY OF COVID-19 TESTING LABORATORIES (54)

LIST OF LICENSED COVID-19 TESTING LABORATORY IN THE PHILIPPINES <i>As of June 02, 2020</i>							
#	REGION	PROVINCE	MUNICIPALITY / CITY	NAME OF FACILITY	OWNERSHIP (PUBLIC / PRIVATE)	TYPE OF TESTING	CONTACT NUMBER
1	NCR	Metro Manila	Quezon City	AFRIMS - Collaborative Molecular Laboratory	PUBLIC	rRT PCR	(02) 8426 2701
2	NCR	Metro Manila	Muntlupa City	Asian Hospital and Medical Center	PRIVATE	rRT PCR	(02) 8-771-9000
3	NCR	Metro Manila	City of Manila	Chinese General Hospital	PRIVATE	rRT PCR	(02) 8711-4141
4	NCR	Metro Manila	Mandaluyong City	Detoxicare Molecular Diagnostics Laboratory	PRIVATE	rRT PCR	(02) 8256 4681
5	NCR	Metro Manila	Caloocan City	Dr. Jose B. Rodriguez Memorial Hospital and Sanitarium (TALA)	PUBLIC	Rapid PCR (GeneXpert)	8-294-2571 / 8-294-2572 / 8-294-2573
6	NCR	Metro Manila	Quezon City	Lung Center of the Philippines (LCP)	PUBLIC	rRT PCR	8-924-6101
7	NCR	Metro Manila	Quezon City	Lung Center of the Philippines (LCP)	PUBLIC	Rapid PCR (GeneXpert)	8-924-6101
8	NCR	Metro Manila	Makati City	Makati Medical Center (HB)	PRIVATE	rRT PCR	(02) 8-888-8999
9	NCR	Metro Manila	Marikina City	Marikina Molecular Diagnostic laboratory	PUBLIC	rRT PCR	0917-7041396
10	NCR	Metro Manila	Quezon City	Philippine Genome Center UP-Diliman (NHB)	PUBLIC	rRT PCR	8-981-8500 Loc 4713
11	NCR	Metro Manila	Mandaluyong City	Philippine Red Cross	PRIVATE	rRT PCR	(02) 8-790-2300 local 931/932/935
12	NCR	Metro Manila	City of Manila	Philippine Red Cross - Port Area	PRIVATE	rRT PCR	(02) 8527 0000
13	NCR	Metro Manila	Mandaluyong City	PRC - PRC Logistics and Multipurpose Center	PRIVATE	rRT PCR	(02) 8-790-2300 local 931/932/935

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14	NCR	Metro Manila	Muntinlupa City	Research Institute for Tropical Medicine, Inc. (RITM)	PUBLIC	rRT PCR	(+632)8807-2631, (+632)8807-2632, (+632)8807-2637
15	NCR	Metro Manila	City of Manila	San Lazaro Hospital (SLH)	PUBLIC	rRT PCR	(02) 8732-3776 to 78 loc 115
16	NCR	Metro Manila	Makati City	Singapore Diagnostic, Inc.	PRIVATE	rRT PCR	(02) 8845 0655
17	NCR	Metro Manila	Bonifacio Global City	St. Luke's Medical Center - BGC (HB)	PRIVATE	rRT PCR	(02) 8789 7700
18	NCR	Metro Manila	Quezon City	St. Luke's Medical Center- QC	PRIVATE	rRT PCR	(02) 8723 0101
19	NCR	Metro Manila	Pasig City	The Medical City - Ortigas	PRIVATE	rRT PCR	(02) 8988 1000
20	NCR	Metro Manila	City of Manila	UP National Institutes of Health (UP NIH)	PUBLIC	rRT PCR	(02) 8526 4349
21	NCR	Metro Manila	City of Manila	University of the Philippines UP-PGH-MRL (NHB)	PUBLIC	rRT PCR	(02) 8554 8400
22	NCR	Metro Manila	Quezon City	National Kidney and Transplant Institute - (HB)	PUBLIC	rRT PCR	(02) 8-981-0300 / 8-981-0400
23	NCR	Metro Manila	Quezon City	Philippine National Police Crime Laboratory (PNP Crime Lab.)	PUBLIC	rRT PCR	(02) 3414 3334
24	NCR	Metro Manila	Mandaluyong City	Safeguard DNA Diagnostic, Inc.	PRIVATE	rRT PCR	(+632) 8296 7595 0917 5952954
25	NCR	Metro Manila	City of Manila	Tondo Medical Center	PUBLIC	Rapid PCR (GeneXpert)	(02) 8865 9000
26	NCR	Metro Manila	Makati City	Tropical Disease Foundation	PRIVATE	rRT PCR	(02) 8894 0743
27	NCR	Metro Manila	Quezon City	Hi-Precision (QC)	PRIVATE	rRT PCR	(02) 8741 7777
28	Region 1	La Union	San Fernando	Ilocos Training Regional Medical Center	PUBLIC	rRT PCR	(072) 607-6418
29	Region 1	Ilocos Norte	Batac	Mariano Marcos Memorial Hospital	PUBLIC	Rapid PCR	(077) 600 8000
30	Region 2	Cagayan	Tuguegarao City	Cagayan Valley CHD TB Reference Laboratory	PUBLIC	Rapid PCR (GeneXpert)	
31	Region 3	Pampanga	San Fernando	Jose B. Lingad Memorial Hospital	PUBLIC	rRT PCR	(045) 961 2444

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32	Region 3	Bataan	Balanga	Bataan General Hospital and Medical Center	PUBLIC	Rapid PCR	(047) 237 3635
33	Region 4A	Cavite	Dasmarinas Cavite	De La Salle University - Cavite	PRIVATE	rRT PCR	(046) 481-8000
34	Region 4A	Quezon	Lucena City	Lucena United Doctors Hospital and Medical Center	PRIVATE	rRT PCR	(042) 373 6161
35	Region 4A	Cavite	Imus	Ospital ng Imus	PUBLIC	rRT PCR	(046) 419-8300 -29
36	Region 4B	Palawan	Puerto Princesa	Ospital ng Palawan	PUBLIC	Rapid PCR	(048) 433 2621
37	Region 5	Albay	Legazpi City	Bicol Regional Diagnostic and Reference Laboratory	PUBLIC	rRT PCR	(052) 732 5555
38	Region 5	Camarines Sur	Naga	Bicol Medical Center	PUBLIC	Rapid PCR	(047) 237 3635
39	Region 6	Iloilo	Iloilo City	Western Visayas Medical Center (WVMC)	PUBLIC	rRT PCR	(033) 333-2132
40	Region 6	Negros Occidental	Silay City	Teresita Jalandoni Provincial Hospital	PUBLIC	rRT PCR	(034) 495 1704
41	Region 7	Cebu	Lapu Lapu City	Allegiant Regional Care Hospital	PRIVATE	rRT PCR	(032) 493 4248
42	Region 7	Cebu	Cebu City	Cebu TB Reference Laboratory	PUBLIC	rRT PCR	0997 258 5237
43	Region 7	Cebu	Cebu City	Vicente Sotto Memorial Medical Center (VSMMC)	PUBLIC	rRT PCR	(032) 253 9891
44	Region 8	Leyte	Tacloban City	Divine Word Hospital	PRIVATE	rRT PCR	(053) 523 7419
45	Region 8	Leyte	Tacloban City	Eastern Visayas Regional Covid-19 Testing Center	PUBLIC	rRT PCR	(053) 832 0308
46	Region 9	Zamboanga del Sur	Zamboanga City	Zamboanga City Medical Center	PUBLIC	Rapid PCR (GeneXpert)	(062) 991 0573
47	Region 9	Zamboanga del Sur	Zamboanga City	Zamboanga City Medical Center- Department of Agriculture Satellite Laboratory for COVID-19 Testing	PUBLIC	rRT PCR	(062) 991 0573

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48	Region 10	Misamis Oriental	Cagayan De Oro City	Northern Mindanao Medical Center	PUBLIC	Rapid PCR (GeneXpert)	(08822) 726362
49	Region 11	Davao Del Sur	Davao City	Southern Philippines Medical Center (SPMC)	PUBLIC	rRT PCR	(082) 227 2731
50	Region 11	Davao Del Sur	Davao City	Davao One World Diagnostic Center Incorporated	PRIVATE	rRT PCR	
51	Region 11	Davao Del Norte	Tagum City	Davao Regional Medical Center	PUBLIC	Rapid PCR	(084) 216-9127
52	Region 12	Cotabato	Cotabato City	Cotabato Regional Medical Center	PUBLIC	Rapid PCR	(064) 421 2340
53	Region 12	Cotabato	Koronadal City	Dr. Arturo Pingoy Medical Center	PRIVATE	Rapid PCR	(083) 228 2202
54	CAR	Benguet	Baguio City	Baguio General Hospital and Medical Center (BGHMC)	PUBLIC	rRT PCR	(074) 661 7910

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DIRECTORY OF COVID-19 REFERRAL HOSPITALS (75)

NAME OF THE HOSPITAL	ADDRESS	CONTACT NUMBER
CORDILLERA ADMINISTRATIVE REGION (CAR)		
Baguio General Hospital and Medical Center	Baguio General Hospital Driveway, Baguio, Benguet	(074) 442-3165, 442-6230
Conner District Hospital	Conner, Apayao	(074) 442-8096
Far North Luzon General Hospital & Training Center	Quirino, Luna, Apayao	(074) 442-8096
Luis Hora Memorial Regional Hospital	Abatan, Bauko, Mt. Province	(084) 217-3347, 217-3671
NATIONAL CAPITAL REGION (NCR)		
UP Philippine General Hospital	Taft Avenue, Malate, Manila, 1004 Metro Manila	02) 8521 8450, (02) 8554 8400
Amang Rodriguez Memorial Medical Center	Sumulong Highway Sto. Nino, Marikina, 1800 Metro Manila	(02) 8941 5854, 8948-1263
Dr. Jose Fabella Memorial Hospital	1003 Lope de Vega St, Santa Cruz, Manila, 1003 Metro Manila	(02) 734556165
Dr. Jose N. Rodriguez Memorial Hospital and Sanitarium	Saint Joseph Avenue Tala, Caloocan City, 1427	(02) 294-2571 to 73
East Avenue Medical Center	East Ave, Diliman, Quezon City, 1100 Metro Manila	(02) 928 0611 local 201, 928-0611 to 24
Fe Del Mundo Medical Center	11 Banawe St, Quezon City, 048619 Metro Manila	(02) 8712 0845, (02) 795-4060
Jose R. Reyes Memorial Medical Center	Rizal Ave, Santa Cruz, Manila, Metro Manila	(02) 8711 9491
Las Piñas General Hospital & Satellite Trauma Center	Diego Cera Ave, Bernabe Compound, Pulanglupa I, Las Piñas City Metro, Manila	(02) 8873 0557, 802-4647
Lung Center of the Philippines	Quezon Ave, Diliman, Quezon City, 1100 Metro Manila	(02) 8924 6101
National Center for Mental Health	9 De Pebrero St., Mauway, Mandaluyong City	(02) 8531 9001
National Children's Hospital	E. Rodriguez, Quezon City	(02) 724-0656 to 59 local 101-102
National Kidney and Transplant Institute	East Ave, Diliman, Quezon City, 1101 Metro Manila	(02) 8981 0300
Philippine Children's Medical Center	Quezon Avenue, corner Agham Rd, Diliman, Quezon City, 1101 Metro Manila	(02) 8588 9900
Philippine Heart Center	174, Diliman, Quezon City, Metro Manila	(02) 8925 2401
Philippine Orthopedic Center	78-A Maria Clara St, Santa Mesa Heights, Quezon City, 1114 Metro Manila	(02) 8711 4276
Quirino Memorial Medical Center	J.P. Rizal, Project 4, Lungsod Quezon, 1109 Kalakhang Maynila	(02) 8421 2250

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Research Institute for Tropical Medicine	Filinvest Marketing & Exhibit Office, 9002 Research Dr, Alabang, Muntinlupa, 1781 Metro Manila	(02) 8807 2631
Rizal Medical Center	Pasig Blvd, Pasig, 1600 Metro Manila	(02) 8865 8400
San Lazaro Hospital	Quiricada St, Santa Cruz, Manila, 1003 Metro Manila	(02) 8732 3777
San Lorenzo Ruiz Women's Hospital	Rosita Subdivision, 144 O A. Reyes St, Malabon, Metro Manila	(02) 8294 4853
Tondo Medical Center	Honorio Lopez Blvd, Tondo, Manila, Metro Manila	(02) 8865 9000
Valenzuela Medical Center	Padrigal St., Karuhatan, Valenzuela City 1441, Metro Manila	(02) 8294 6711
REGION I (ILOCOS REGION)		
Ilocos Training And Regional Medical Center	MacArthur Highway, San Fernando, 2500 La Union	(072) 607 6418
Mariano Marcos Memorial Hospital And Medical Center	Brgy, 6, Ilocos Norte	(077) 600 8000
Region I Medical Center	Arellano Street, Dagupan, 2400, Pangasinan	(075) 515 8916
REGION II (CAGAYAN VALLEY)		
Batanes General Hospital	Basco, Batanes	(+63)939-936-5069
Cagayan Valley Medical Center	Pan-Philippine Hwy, Carig Regional Center, Tuguegarao, Cagayan	(078) 302 0000
Region II Trauma And Medical Center	AH26, Bayombong, 3700 Nueva Vizcaya	(078) 805 3561
Southern Isabela General Hospital	Zamora St, Santiago, 3311 Isabela	(078) 305 0459
Veterans Regional Hospital	Veterans Regional Hospital, Bayombong, 3700 Nueva Vizcaya	(078) 321 3561
REGION III (CENTRAL LUZON)		
Bataan General Hospital And Medical Center	Manahan St, Tenejero Balanga City, 2100 Bataan	(047) 237 3635
Dr. Paulino J. Garcia Memorial Research & Medical Center	Mabini Street, Cabanatuan City, 3100 Nueva Ecija	(044) 463 8888
Dr. PJGMRMC Talavera Extension Hospital	Pan-Philippine Jose Hwy, Talavera, Nueva Ecija	(044) 940 7136
Jose B. Lingad Memorial Regional Hospital	2000 MacArthur Highway, San Fernando, Pampanga	(045) 961 2444
Mariveles Mental Wellness And General Hospital	P. Monroe St, Bayan ng Mariveles, 2105 Bataan	(047) 935 4617
REGION IV-A (CALABARZON)		
Batangas Medical Center	Bihi Road, Kumintang Ibaba, Batangas	(043) 740 8307
Southern Tagalog Regional Hospital (formerly Bacoor District Hospital)	Bacoor, Cavite	(046) 418 3644
REGION IV-B (MIMAROPA)		
Culion Sanitarium and General Hospital	Culion, Palawan	(048) 433-7743, 759-3956 to 12
Ospital ng Palawan	220, Malvar Street, Puerto, Princesa, 5300 Palawan	(048) 433 2621
REGION V (BICOL REGION)		

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Bicol Medical Center Bicol Regional Training and Teaching Hospital	Legaspi, Albay	(052) 732 5555
Bicol Sanitarium	Sipocot - Cabusao Rd, San Pedro, Cabusao, Camarines Sur	(054) 473 2244
REGION VI (WESTERN VISAYAS)		
Corazon Locsin Montelibano Memorial Regional Hospital	Lacson St, Bacolod, 6100 Negros Occidental	(034) 433 2697
Don Jose S. Monfort Medical Center Extension	Barotac Nuevo - Zarraga Rd, Barotac Nuevo, 5007 Iloilo	(033) 361 2011
Western Visayas Medical Center	Q. Abeto St, Mandurriao, Iloilo City, 5000 Iloilo	(033) 333 2132
Western Visayas Sanitarium	Oton - San Jose-Santa Barbara Rd, Santa Barbara, Iloilo	(033) 523 8455
REGION VIII (EASTERN VISAYAS)		
Eastern Visayas Regional Medical Center	Magsaysay Blvd, Downtown, Tacloban City, Leyte	(053) 321-3129, 321-3363, (053) 321-8724
Schistosomiasis Hospital	San Miguel, Palo, 6501 Leyte	(053) 524 9247
REGION IX (ZAMBOANGA PENINSULA)		
Basilan General Hospital	Km. 2 Binuangan, Isabela City, Basilan	(062) 200-3427, 955-0437
Dr. Jose Rizal Memorial Hospital (DOH retained)	Lawa-an, Dapitan City, Zamboanga del Norte	(065) 213-6421
Labuan General Hospital	Zamboanga, 7000 Zamboanga del Sur	(062) 991 3380
Margosatubig Regional Hospital Mindanao Central Sanitarium	Margosatubig, Zamboanga del Sur	(062) 211-5634
Sulu Sanitarium	Jolo, Sulu	(068) 846-0047
Zamboanga City Medical Center	Zamboanga del Sur PH Dr Evangelista Street, Sta. Catalina Rd, Zamboanga, 7000	(062) 991 0573
REGION X (NORTHERN MINDANAO)		
Mayor Hilarion A. Ramiro Sr. Medical Center	Mindog Maningcol, Ozamiz City, 7200 Misamis Occidental	(088) 521 0440
Northern Mindanao Medical Center	Capitol Rd, Cagayan de Oro, 9000 Misamis Oriental	(08822) 726362
REGION XI (DAVAO REGION)		
Davao Regional Medical Center	Brgy. Apokon, Tagum City, 8100 Davao del Norte	(084) 216-9156 / 216-9131/ 216-9151 /216-9145
Southern Philippines Medical Center	J.P. Laurel Ave, Bajada, Davao City, 8000 Davao del Sur	(082) 227 2731
REGION XII (SOCCSKSARGEN)		
Cotabato Regional and Medical Center	Rosary Heights, 10 Sinsuat Ave, Region 12, Cotabato City, 9600 Maguindanao	(064) 421 2340
REGION XIII (CARAGA)		
Adela Serra Ty Memorial Medical Center	Capitol Hills, Telaje, Tandag, Surigao del Sur	(086) 211 4306
Caraga Regional Hospital	Rizal Street, Brgy. Washington Roxas Street, Surigao City, Surigao del Norte	(086) 826 2459

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BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO (BARMM)		
Amai Pakpak Medical Center	Marawi City, Lanao del Sur	(063) 876 0001
Cotabato Sanitarium	Barangay Pinaring, Quezon Ave, Sultan Kudarat, Maguindanao	(064) 429 0082
Sulu Sanitarium	Sulu Sanitarium, Jolo, Sulu	(062) 991 3380

**Updated as of June 02, 2020*

CATHOLIC BISHOPS' CONFERENCE OF THE PHILIPPINES – EPISCOPAL COMMISSION ON HEALTH CARE

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DIRECTORY OF MENTAL HEALTH SERVICES FOR COVID-19

NAME	CONTACT NUMBER	WEBSITE / SOCIAL MEDIA	REMARKS
NATIONAL			
National Center for Mental Health Crisis Hotline (NCMH-USAP)	0917-899-USAP(8727), 899-USAP(8727), 7-7-989-USAP (8727), 0949-5682910 (Smart), 0966-3514518 (Globe)	http://www.ncmh.gov.ph/	Provides mental health support for all affected by COVID-19
Philippine Mental Health Association Online Support	pmhacds@gmail.com / pmha.eard@gmail.com 0917-565-2036	https://www.facebook.com/PMHAofficial	Provides mental health support for all affected by COVID-19
Ateneo Bulatao Center for Psychological Services	bulataocenter.ls@ateneo.edu (02)842-65982	http://ateneobulatocenter.com/	Provides online counseling and Psychological First Aid with priority given to frontliners
Philippine Psychiatric Association: Mind Matters	0918-942-4864	https://philippinepsychiatricassociation.org/	Provides online counseling for all affected by COVID-19
PsychConsult, Inc.	(02)842-12469	www.bitly/PCI-COVID-19	Provides online counseling for all affected by COVID-19
GrayMatters Psychological and Consultancy, Inc. Philippines	0917-709-6961, 0997-561-8778	www.graymattersportal.ph	Provides online counseling for frontliners
Circle of Hope Community Services, Inc.	Sign up: bit.ly/SCbreak 0917-8222324 0925-5570888	www.circleofhopecommunity.com	Provides telemental health services to promote effective coping and resilience for healthcare workers
Mental Health First Responders (MHFR)	https://forms.gle/DN49AwPw4X4VwvFR7	https://www.mhfirstresponse.org/	Provides free online peer and family support
In-Touch Community Services	8-893-7603, 0917-800-1123, and 0922-893-8944	https://www.in-touch.org/	Provides 24/7 crisis line for the mental wellness of all health and safety frontliners
The Masters Psychological Services	0926 782 3143	https://facebook.com/theMastersPsych	Provides psychosocial support services

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<i>Philippine Sports Commission (PSC)</i>	https://www.psc.gov.ph/	www.facebook.com/PhlSportsCommission	Provides psychosocial services for national athletes
<i>Philippine Red Cross</i>	1158	https://redcross.org.ph/	Provides mental and psychosocial support to callers
<i>The Camillian Fathers On-line</i>		www.facebook.com/TheCamillians	Provides mental and spiritual health for all affected by COVID-19
<i>Crisis Line by in Touch</i>	(02) 8893 7603 0917 800 1123 0922 893 8944	www.in-touch.org	Provides free and anonymous 24/7 mental health services for all affected by COVID-19
<i>Natasha Goulbourn Foundation</i>	(02) 804-HOPE (4673) 0917 558 HOPE (4673) 2919 (for Globe and TM)	http://www.ngf-hope.org/	Provides free 24/7 mental health services for all affected by COVID-19
LUZON			
<i>UP Diliman Psychosocial Services (UPD PsychServ)</i>	bit.ly/PsycServ 0916-757-3157, 0906-374-3466 psycserv.upd@up.edu.ph	https://docs.google.com/forms/d/e/1FAIpQLSd6fH4Xg6-4iTHzAYvxZBjmi1t_ZAGDhA2vmySbak03dozhIA/viewform	Provides brief psychotherapy services for healthcare frontliners
<i>PGCA-Pampanga Chapter: Online Counseling for COVID-19 Frontliners</i>		www.facebook.com/pgcapapclconline/	Provides free online counseling services for frontliners
<i>SLU- Sunflow Children and Youth Wellness Center, Baguio City</i>	0915-541-5501, 0928-832-6372 slusunflower@slu.edu.ph	https://www.slu.edu.ph/category/covid19-response/	Provides mental health support for all affected by COVID-19
<i>The De La Salle University Dasmarias Center for Applied Psychology</i>	0935-751-9227, 0919-499-8381	https://www.dlsud.edu.ph/psyd.htm#gsc.tab=0	Provides online mental health and well-being support services to those affected by COVID-19
<i>COVID-19 Mental Wellness Professional Resources (Bicol Region)</i>		https://www.facebook.com/Telecounselors/	Provides telecounseling and professional resources to those affected by COVID-19

CATHOLIC BISHOPS' CONFERENCE OF THE PHILIPPINES – EPISCOPAL COMMISSION ON HEALTH CARE

DIRECTORY FOR COVID-19

<i>Knox Cube Behavioral & Mental Health Center (Olongapo-Zambales)</i>		https://www.facebook.com/knoxassessments/	Provides counseling to healthcare workers and the community
<i>Psycore Neuro Testing Center (Isabela)</i>	0977-288-4563	https://psycore-neuro-testing-center.business.site/	Provides telepsychology services for all affected by COVID-19
VISAYAS			
<i>University of San Carlos (USC) Mental Health Online Support for COVID-19 crisis (Cebu)</i>		https://www.facebook.com/USCMHR/	Provides mental health support for all affected by COVID-19
<i>University of San Carlos (USC) Mental Health Support for COVID-19 Frontliners (Cebu)</i>		https://www.facebook.com/groups/2899562603422609/	Intended for the volunteers of USC mental health online support only
<i>Western Visayas Psychosocial Support for COVID-19</i>		www.facebook.com/westernvisayas.psychosocial	Provides psychosocial support services for all affected by COVID-19
MINDANAO			
<i>Camp Navarro General Hospital, Health Service Center, Health Service Command AFP (Zamboanga)</i>	Viber: 0917-305-1891 0966-691-6116		Provides telepsychology services for all affected by COVID-19 in Calarian, Zamboanga City
<i>Psycli-nik psychological assessment and intervention services (Zamboanga)</i>	Viber: 0917-305-1891 PLDT: 955-8103 Psyclinik06@gmai.com; lolin_bajin@yahoo.com	NZUE Building 3rd floor, Room 3030 Tomas Claudio Street, Zamboanga City	Provides telepsychology services for all affected by COVID-19
<i>The HOFFEN CLINIC (Center for Mental Health and Psychosocial Development) Adventist Hospital Davao</i>	0951815 HOPE (0951-815-4673), (082)-297-2761 loc 269 centerformentalhealth@adventisthealth-dvo.com	https://www.facebook.com/pg/The-Hoffen-Clinic-Center-for-Mental-Health-104266697638037/services/	Provides psychotherapy support services for all affected by COVID-19

DIRECTORY FOR COVID-19

DIRECTORY OF TELEMEDICINE SERVICES FOR COVID-19

NAME OF INSTITUTION	CONTACT NUMBER/S	COVERAGE
DOH COVID-19 HOTLINES	1555 and (02) 894-COVID (26843)	Nationwide
Telimed Management and Medgate	(02) 8424-1724	National Capital Region
Globe Telehealth, Inc (KonsultaMD)	(02) 7798-8000 (free for Globe/TM users) (02) 7798-800 from any landline	National Capital Region
Lung Center of the Philippines (COVID Ask Force)	https://bit.ly/covidaskforcevolunteer 155-225	National Capital Region
Coalition for People's Right to Health – infographics on PH healthcare	https://www.facebook.com/pg/cprhPH/	Nationwide
CARD e-Doctor	https://www.facebook.com/CARDedoctor/	Nationwide
Sugbo Volunteer Doctors Online	https://www.facebook.com/SugboVolunteerDoctors/	Cebu
Taguig City's Telemedicine	https://www.facebook.com/taguigcity/posts/3236736483025486	Taguig City